RVMS Learning Suggestions

Grade 8 EP

Literacy	Numeracy
For week 5, we will continue to have a small writing activity for each day of the week. Please check my website for the detailed instructions I have written for each activity. <i>mrleger7and8.weebly.com</i> will be updated and ready to roll! Check out my vocabulary page for this week's word work activity. This week my poetry page will feature 2 songs for you to listen and respond. Read 25 minutes every day!	Operation Practice: A) $\frac{2}{2} \times \frac{3}{3} = \frac{15}{15} \times \frac{11}{8} = \frac{4}{10}$ Problem of the Week aka "Math Monday Problems" You will find three problems- located in <u>Teams</u> . Do as many as you can. Math Game of the Week: Find the solutions to the puzzles that will be posted on teams.
Website of the week: <u>http://mrleger7and8.weebly.com</u>	Website of the week: https://www.funbrain.com/games/pig-pile
Science	Social Studies
Activity 1- Reflect- "How Old is the Earth?" Activity 2- View "Mystery Science" Video Activity 3- Summarize- "Scientific Evidence Used to Age the Earth" Activity 4- Bonus Box- "Get crafty with your Recyclables" See <u>Science Attachment</u> in teams	GOOD NEWS, EVERYONE! This week we are doing a small research for good news. You will research an article or a video online about news with a positive outcome. Afterwards, you must answer questions on the provided document in Teams. Stay positive!
Technology	Art & Music
This week, I have included a YouTube photographer, Jared Polin, who grew his following from 0 to 1,200,000 subscribers simply by showing his passion through his brand, Froknowsphoto.com. I included a Danish Artist Olafur Eliasson and Damien Hirst as works to look at. For cooking, breakfast being so important, I included a video to watch of Mia Castro in Chef Ramsey's Kitchen doing a 10- minute breakfast. As always there's coding and engineering to pursue with Code.org and Brilliant Labs.	The <u>2000's decade</u> of music, art and technology. Check out the lesson files for this week and give it a shot. Music selectionBruce Springsteen's Missing You <u>https://www.youtube.com/watch?v=9Z8-9WwjeqM</u>
The Art and Music lessons combine with Technology as there's inventions like FaceBook, YouTube, Camera Phone, Flash Drives, etc. which I want you to look up. No stress, no expectations, just look stuff over and think about your own "brand" and how you would grow it to be successful. Check out this week's files for the Art, Tech and Music lesson as well as <u>this week's websites</u> to check out. Knowledge is power! ~Mr. Vincent	
Guidance	Physical Education
With all of the stress around current events, it's important to build self- care into the day any way you can, whether it's taking three deep breaths every few hours or listening to a guided meditation to soothe you into a very important good night's sleep. Check out some of <u>these</u> <u>great apps</u> to ease the mind and calm your senses! As always, please don't hesitate to reach out to me if you just feel the need to chat with someone who cares! Keep Smiling! <u>Sandra.harrington@nbed.nb.ca</u>	Activity 1- "Warm Up", Activity 2- "Do as May Reps as You Can", Activity 3- "Me Time Workout" Please continue to record all exercise with your activity log sheet as part of the Raider Strong Lifestyle Program. Add the following above to your daily exercise time. We have also uploaded a couple of training schedules for running. Try these to help improve your cardiovascula endurance and prepare to do our 5km virtual Rave Run in June. Star tuned, stay healthy and Raider Strong! <u>See attachments for details</u> .

Lots of fun activities this week to check out! It was so great to see so many smiling faces at Curbside Pickup this week – we miss seeing those faces every day. We hope that you have a great week and if you need anything, don't hesitate to reach out to your homeroom teacher. Teacher Office Hours – Please see Master Office Hours Schedule on Website 🕲 https://rvms.nbed.nb.ca